



INFO PACK

Training course organized by **Histoire de Savoir(s)**, called “**RISE UP for democracy! For Active Participation and Dialogue Process**” between the **11th and 19th of June 2016** in Anor, in North of France. It will gather social actors from **9 European countries** during **9 days**.

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Topic

Main topic of the content

As today, our societies are going through important crises such as economic, cultural/identity, societal and political. This unprecedented crisis deeply impacts the vision of the world, of the « other », and the place of the citizen in the democratic process.

First consequence is the general tendency for individualism, focus on one's inner self, crystalizing misreading and misunderstanding between people at the local, national and European level. More than ever, it is urgent to restore the dialogue between neighbours, national and European citizens.

The process of dialogue is generally not well known, and often left out in the benefit of discussions and debate. This training proposes an introduction to it and a practical approach during all the week.

Dialogue is fundamental to a peaceful society, as it is for a healthy democracy. Indeed, democracy is based on the collectivity of citizens and their active participation in it. The political crises that concerned today the « western » democratically system due to several ... has to find a solution in a more active participation of the citizen to the public sphere. It particularly concerned the young generation that are the more concerned by their future political, economic, societal... situations.

The new means of communication that appeared last twenty years open a new field of possibilities for innovative collective actions and citizen expression.

Those are few points that the training deals with through workshops, team working, ... and dialogue.

Main objectives :

- ✓ To share and exchange about the place of the Youth in democracy in the difference countries in order to stress on common point as on differences. That can increase knowledge and stimulate the creativity of the participants.
- ✓ To develop a common understanding between participants and organizations, on the concept of active participation in democracy and create concrete tools to act for it in the local community, by sharing experience and creating innovative actions in team
- ✓ To give the participants basic tools of dialogue in order to facilitate workshops on intercultural differences and communication, fears, stereotypes and discrimination.
- ✓ To practice tools and methods of youth training courses in order to plan training courses back in their country for sustainable future development of the project at local level.
- ✓ To develop a European network on the topic and create new common projects between the partners.



Lateral objectives:

- ✓ To make the participants sharing their experience as youth workers and facilitate them to share their best practices through workshops, helping each other to develop their teaching skills
- ✓ To discuss future means of distribution of knowledge that can be used to extend the impacts of the training at a local and regional level and promote it
- ✓ To assess best practices and common pitfalls in the field of youths' trainings.

Working methodology:

The program of the course will be based on non formal education and will be conducted using an interactive and participative approach. Active group/team work, role-plays, outdoor activities and plenary discussions, as well as theoretical inputs will characterize the program of the course in order to cover all aspects of the project themes. Special attention will be paid to the fact that the competences and the knowledge gained and transmitted during the course remain sustainable and transferable. This will be achieved by setting up enough space and time for reflection and evaluation, by providing comprehensive documentation, handouts and guidance from the trainers' team. Many of the theories about dialogue that will be subjected will be based on the book « The Dialogue handbook » coauthored by one of the trainers. A finished workshop pack of tools and activities will be given to the participants at the end of the training so that they can use it at the return in their own countries. The participants will then do a training course in their respective countries to teach to other youth workers training skills and tools on the subject. Then the youth workers who received this training can go to school and organize a day of workshop on dialogue, tolerance and critical mind.

More concretely, these are the topics that are going to be broached during the training:

- European values, citizenship and democratic process - reflection on our European identity: What does it mean for us? Which values it carries out? introduction and discussion about the European democratic process: How it works? What is the place for the Citizen? How it could be improved to be more democratic? This part will be animated by the 3 trainers all together.
- National culture and Interculturality - how it works to understand the different paradigm and go further on how it's constructed and how to deconstructed it. Blandine Screve will be in charge of this part as it is her speciality. The main idea is to bring the participants to the understanding that culture is a social construction that gather really abstract features and values that change depending on period and current considerations of the society. It could then be modified thanks to dialogue.



- Dialogue process - this part is the specialization of Tobias Harbsoe. It will be based on his own experience and handbook, for which he took part in the writing, "The dialogue handbook", Mette Lindgren Helde, Denmark, 2014.
- How to improve critical mind? How to teach it? - this will be animated by Sarantis Michaloupoulos as a professional journalist. Based on different newspaper brought by the participants from their countries, key issues of the news will be analyzed with different "national" articles.
- How to improve Active participation of Youth in democratic process? This core part of the project will be mentioned in background during all the training. The final workshops on it has as purpose to resume everything that has been said, to make concrete propositions, games, ideas to work with Youth on this topic.
- Last but not least, the last day is designed for Erasmus + presentation, exchange on idea for new European projects, multiplying actions on the local community and networking.

Tools will be taught and, on the basis of their already existing projects in their sending organizations, participants will be also invited to share good practices, to exchange useful information, and work intensively in order to improve their training skills with youths in regards to the subject of this training course.

An evaluation seminar will be planned 5 months after (September/August) to assess the first results of the training with the participants, share advices and adapt the training depending on the feedbacks.

- ❖ We are going to deliver the participants a Youthpass Certificate, attesting the participation and the competences acquired during this training. This Youthpass will enable you to analyze your gained experience and competences.



Histoire de Savoir(s) – Who are we?

Histoire de Savoirs is a French NGO working in the field of non-formal education thanks to artistic creation. Acting at the European level to promote active citizenship and intercultural exchanges, Histoire de Savoirs also organizes seminars, training courses, workshops in order to stimulate the exchange of knowledge, competences and experiences in social and cultural fields.

Legal description:

“Histoire de Savoirs’ main object is to supervise and to initiate citizens' projects aiming to deal with societal issues thanks to artistic, visual and intercultural means. Using non-formal education methods, it acts for the transmission of knowledge and savoir-faire (know-how) by gathering on topics connected to contemporary cultures, young porter/carrier and professionals actors, for the collective creation of cultural events.

It action aims to develop critical mind of the participants and of the local community in order to bring them to be involved as active citizen for a better mutual understanding and social cohesion. It acts on the local, national and European level for the equal access to knowledge and culture, for the professional integration, for the promotion of tolerance and European awareness”.



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The team

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- **Maria-Philippa Wieckowski - France** : Histoire de Savoir(s), Logistic and organisation - +33 6 68 94 84 18



How to get to Lille?

The meeting point to reach the accommodation place will be at the old train station of Lille, called **Gare Lille Flandres**. We will then, all together, **take a train** to the training and accommodation place in the city of Anor. For this reason, it will be **VERY IMPORTANT TO BE ON TIME**.

THE MEETING POINT IS AT 16:00 AT GARE LILLE FLANDRES (IN FRONT OF THE FOUNTAINS).

Be careful, there are two train stations, Lille Flandres and Lille Europe. Our meeting point is in the station LILLE FLANDRES.

Generally, you have 2 options **TO GET TO LILLE** :

✓ From **Brussels**:

- Regular plane arriving to Zaventem Airport: you have a train station just at the airport and direct train going to Lille.
<http://www.belgianrail.be/fr>
- Charter plane arriving to Charleroi Airport: you have a bus going every 2 hours to Lille.
http://www.flibco.com/booking/step_destination?&locale=en

✓ From **Paris** :

- Regular plane arriving to Charles De Gaulle airport: you have a train station just at the airport with train directly to Lille.
<http://uk.voyages-sncf.com/en/>
- Charter plane arriving to Paris-Beauvais airport: you have to take a bus to Paris and then to take the train from Paris city center (Gare du Nord) to Lille.
<http://uk.voyages-sncf.com/en/>

We also have an airport closed to Lille (Lesquin), you can check tickets to there, but it is quite small with only few destinations.

The best option and the cheapest is definitely through Brussels (regular or charter).

We will not visit Lille during the training. In case you would arrive earlier or would like to stay in Lille or somewhere else to visit, it is possible but please keep in mind that ALL THE EXPENSES WILL BE AT YOUR OWN CHARGE. However, our team could help you to find accommodation or provide you other information if you wish!

If you want to visit Paris or Brussels before coming to Lille, you can join Lille from those cities with cheap buses. Check this link : <http://uk.idbus.com/crazy-fares-30000-seats-up-for-grabs>



Accommodation

5 BIS RUE LEO LAGRANGE BP3, 59186 ANOR- France.



More pictures and information: <http://www.gites-de-france-nord.fr/location-vacances-Nord-Gite-de-sejour-a-Anor-4031.html>

The accommodation place will be only for our group. There will be room from 4 to 6 people and 7 bathrooms. It will be in the countryside of North of France, close to the Belgium boarder.



Food

The food will be taken inside of the accommodation place. Three meals per day plus regular coffee breaks will be assured.

Please let us know as soon as possible if you have a special regime for food (religious predications, vegans, allergies...).

We are planning a **intercultural evening to try food and specialties** from the participants' countries. So you are more than welcome to **take some special products from your**



country or your region you would like to share with the other participants.

What to bring?

- ✓ Bring your own towel and your washing products.
- ✓ Information and material about your own projects or organization - we would prepare a special activity where everyone could share some interesting project materials, pictures or materials of your organization.
- ✓ **Intercultural evening - as said above please bring some traditional products and drinks from your country or your region for the international evening.** You can also take some documentation about your country.
- ✓ Health insurance and medication you could need
- ✓ Warm and comfortable clothes and shoes / raining suit.
- ✓ Funny accessories, hats, scarves, glasses (optional) - you may need them maybe for farewell party or could use them in other occasion during evening activities

- ✓ **Bring media information (newspaper, magazine, internet article,...) from the news of previous week before the training. We will use it for our activity on media.**
- ✓ **Smiles, lots of positive energy and motivation :)!**



Financial conditions for participation

Country	kilometric distance	Travelling cost reimbursement (EURO)	Number of participants
Bulgaria	500-1999	275	3
Greece	2000-2999	360	4
Hungary	500-1999	275	3
Italy	500-1999	275	3
Spain	500-1999	275	3
Denmark	500-1999	275	4
UK	100-499	180	3
France	0-100	0	5
Croatia	500-1999	275	3

The travel costs from hometown of the participants to the venue will be covered up to the maximum budget approved and financed by the Erasmus+ French National agency: Accommodation, food, local transport and all materials of the training course will be covered by Histoire de Savoir(s). There is **35 Euros of Participation fee** for the training course as personal contribution! It is payable by all participants at the venue in Euros!!!

DON'T FORGET TO KEEP ALL YOUR ORIGINAL TICKETS, BOARDING PASSES AND OTHER TRAVEL DOCUMENTS!!!! OTHERWISE WE WON'T BE ABLE TO REIMBURSE YOU!

The payment will be done by bank transfer to your organisation who will transfer you the money, AFTER we will receive all the original of your tickets, after the training course. No cash money will be given during the training course.

Don't hesitate in case of any question to contact us:

⇒ [Maria-Philippa Wieckowski, riseup.against.farright.europe@gmail.com](mailto:maria-philippa.wieckowski@riseup.against.farright.europe@gmail.com)

Participant's selection deadline : 30th of April.

SEE ALL OF YOU VERY SOON 📺

